CULTURALLY DIVERSE PSYCHOLOGICAL SERVICE GENERAL REFERRAL FORM

(If a general practitioner (GP)/Psychiatrist/Paediatrician please use GP Referral Form)

Eligibility: The service is for clients from a CALD background, 12+ years old with mild to moderate psychological presentations with barriers to accessing MBS psychological services. Clients will receive short-term clinical intervention (up to 10 sessions) culturally appropriate and evidence-based psychological support. Interpreters are used as needed. Australian Citizens, Permanent Residents and those holding a valid Medicare Card. The service is free and is Perth metro wide.

The client will still need a General Practitioner (GP) referral to receive counselling with the service (please support the client to consult a GP for a referral if able).

Exclusions: Clients who are at high risk, or with complex and severe mental health illness, for example: psychotic disorders, personality disorders, bipolar disorder, complex PTSD, learning disorders, autism spectrum disorders, attention related disorders, major drug and alcohol issues. NDIS participants. This is not a crisis service.

CLIENT DETAILS SURNAME **FIRST NAME** MALE **FEMALE** OTHER **GENDER DATE OF BIRTH** AGE П П **ADDRESS POST CODE TELEPHONE** MOBILE: WORK: HOME: **CLIENT CONSENT TO EMAIL ADDRESS** YES NO **REFERRAL BEST TIME TO** CONTACT YES 🗌 NO \square **MEDICARE CARD MEDICARE NUMBER** YEAR OF ARRIVAL IN **COUNTRY OF ORIGIN AUSTRALIA RELIGION / ETNICITY SPIRITUALITY INTERPRETER NEEDED: PREFERRED** LANGUAGES SPOKEN LANGUAGE YES □ NO □ **RELATIONSHIP OCCUPATION STATUS** IF CHILD. NAME OF **CARER / LEGAL CARER / LEGAL GUARDIAN CONSENT** YES NO **GUARDIAN** TO REFERRAL **CLIENT CONTACT CARER / LEGAL** NUMBER DIFFERENT YES NO **GUARDIAN CONTACT** FROM THE CARER/ NUMBER **LEGAL GUARDIAN**







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REFERRAL DETAILS					
REASONS FOR REFERRAL					
OTHER RELEVANT BACKGROUND INFORMATION					
SUICIDAL IDEATION		YES 🗌	NO 🗌	LEVEL High 🗌 Low	
SELF HARMING BEHAVIOURS		YES 🗌	NO 🗌	LEVEL High 🗌 Low	
CLIENT A RISK TO CHILDRE OTHERS	N/	YES 🗌	NO 🗌	If yes, details:	
LEGAL ISSUES / COURT ORDERS		YES 🗌	NO 🗆		
IF CHILD PROTECTION CASE	F	YES 🗌	NO 🗌	UNKNOWN	
	_	OPEN	CLOSED	UNKNOWN	
OTHER SERVICES SUPPORTING THE CLIENT					
REFERRER DETAILS					
NAME					
ROLE					
AGENCY / SERVICE					
ADDRESS					
TELEPHONE					
EMAIL ADDRESS					
REFERRAL SUBMITED ON	(DD/MM/YYYY)				

A GP Progress Report will be generated after 6 sessions and a GP Final Report after 10 sessions.

Please email completed Referral Form to cdps.referrals@lwb.org.au





