



# WE'RE IN THIS TOGETHER

Intensive Home Based  
Support Services (IHBSS)



LIFE WITHOUT BARRIERS



## WHAT IS IHBSS?

Welcome to the IHBSS program. IHBSS will provide you with individually tailored, short term support of up to 3 months.

The objective of IHBSS is to support you to:

- manage a crisis
- prevent any relapse
- promote recovery
- enable you to return to your usual living and work arrangements

# WE'RE ALL ABOUT YOU

## THE LIFE WITHOUT BARRIERS APPROACH:

Life Without Barriers see people as individuals who have unique needs. Therefore we tailor our services to meet your needs by adopting a client-driven approach.

Our services are designed and delivered in ways that are inclusive, appropriate and respectful to everybody.

Recovery is fundamental to how we support you in the community.

Our services are based on promoting the following:

- Individual's wellbeing
- Involvement in decision making
- Ability to live a quality life that is valuable to the individual
- Engagement in meaningful relationships, employment, housing and connection with community
- Engagement of carers/family support networks

## YOUR IHBSS SERVICE:

Your support workers will:

- Work together with your mental health care coordinator
- Meet with you at your home on a regular basis
- Talk with you about your goals
- Help you to identify your strengths
- Work with you to develop a plan to assist you to achieve your goals and aspirations
- Connect you with longer term supports

Your responsibilities are:

- To actively participate and engage with your support workers
- To talk to us about your needs, wants and wishes
- Ensure you work with your support workers in a safe environment

## CONFIDENTIALITY

- We will only collect and disclose personal or health information with your consent, except in specified circumstances, including emergencies, to lessen serious harm to yourself or others or as required by law
- You can have access to your personal information by contacting Life Without Barriers on the number provided

## WE WOULD LOVE TO HEAR FROM YOU

Life Without Barriers sees feedback as a vital way to improve the services we provide:

- You can telephone, write, email or personally discuss your feedback at any time with your Life Without Barriers key contact, team leader or peer worker. Please speak to any member of staff for details about peer workers
- We will provide you with a copy of the Life Without Barriers feedback process which will also include contact details for the SA Health and Community Complaints Commission should you wish to provide your feedback to an independent body

## YOUR LIFE WITHOUT BARRIERS KEY WORKERS ARE:



## CONTACT US

You can also contact  
the office on:

**8307 2800**



@lwbaustralia



/company/life-without-barriers/



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[www.lwb.org.au](http://www.lwb.org.au)

**LIFE WITHOUT BARRIERS**