



Language: English

Culturally Diverse Psychological Service

For people from culturally and linguistically diverse backgrounds

Service Details:

- Available to people from culturally and linguistically diverse (CALD) backgrounds who are 12+ years old with mild to moderate psychological distress
- Clients can receive short-term (up to 10 sessions) culturally appropriate and evidence based psychological counselling
- Interpreters can be used as needed
- Accessible throughout the Perth metro area
- Free and confidential

Our Locations:

- Leederville
- Mirrabooka (and surrounds)
- Langford
- Please contact us for services closer to home

Accessing the Service:

A GP referral is needed to receive counselling.
Please see your doctor to arrange a referral.

Exclusions:

This service is:

- Not a crisis service
- Not for clients who are at high risk
- Not for complex and severe mental health illness, for example: psychotic disorders, personality disorders, schizophrenia, bipolar disorder, complex PTSD, learning disorders, autism spectrum disorders, attention related disorders, major drug and alcohol issues.
- Individuals must not currently hold refugee or asylum seeker status

Contact Us:

For more information or to make an enquiry:

Phone: 0418 724 549

Email: CaldPsychService@lwb.org.au

Visit: www.lwb.org.au/CDPS

LIFE WITHOUT BARRIERS

The Culturally Diverse Psychological Service is supported by WA Primary Health Alliance under the Australian Government's Primary Health Networks Program.