



**Language: English**

# Culturally Diverse Psychological Service

For people from culturally and linguistically diverse backgrounds

## **Service Details:**

- Available to people from culturally and linguistically diverse (CALD) backgrounds who are 12+ years old with mild to moderate psychological distress and have a valid Medicare card
- Clients can receive short-term (up to 10 sessions) culturally appropriate and evidence based psychological counselling
- Interpreters can be used as needed
- Accessible throughout the Perth metro area
- Free and confidential

## Our Locations:

- Leederville
- Mirrabooka
- Langford
- Please contact us for services closer to home

## Accessing the Service:

A GP referral is needed to receive counselling.  
Please see your doctor to arrange a referral.

## Exclusions:

- Clients at high risk
- Complex and severe mental health illness, for example: psychotic disorders, personality disorders, bipolar disorder, complex PTSD, learning disorders, autism spectrum disorders, attention related disorders, disability issues, major drug and alcohol issues
- NDIS Participants
- Medicare ineligible (those who do not hold a valid Medicare card)

\*This is not a crisis support service

## Contact Us:

For more information or to make an enquiry:

**Phone:** 0418 724 549

**Email:** [cdps@lwb.org.au](mailto:cdps@lwb.org.au)

**Visit:** [www.lwb.org.au/CDPS](http://www.lwb.org.au/CDPS)

If you need an interpreter call 131 450 and ask to be connected to the Culturally Diverse Psychological service on 0418 724 549

## LIFE WITHOUT BARRIERS

The Culturally Diverse Psychological Service is supported by funding from WA Primary Health Alliance under the Australian Government's Primary Health Networks Program.