

There are lots of organisations that can support you with additional advice, as well as Life Without Barriers.
Here are some organisations you may want to contact.

KEY

-  Advocacy support
-  Gender and sexual identity support
-  Aboriginal and Torres Strait Islander support
-  Language support
-  Understanding the National Disability Insurance Scheme
-  Family and carers support
-  Complaints and compliance support
-  Restrictive practices guidelines



Supportive Family and Friends Association
supportivefamilies.org.au
(03) 9596 5712



Victorian Aboriginal Community Controlled Health Organisation (VACCHO)
(03) 9411 9411
vaccho.org.au



Action on Disability in Ethnic Communities (ADEC)
1800 626 078
adec.org.au



NDIS Quality and Safeguards Commission
ndiscommission.gov.au
1800 035 544



Victorian Disability Services Commissioner
1800 677 342
odsc.vic.gov.au



Victorian Advocacy League for Individuals with Disability (VALiD)
(03) 9416 4003
valid.org.au



Spectrum Migrant Resource Centre
spectrumvic.org.au
1300 735 653



Carers Victoria
1800 242 636
carersvictoria.org.au

WHO ELSE CAN HELP ME?



Migrant Information Centre (Eastern Melbourne)
miceastmelb.com.au
(03) 9285 4888



Victorian Aboriginal Child Care Agency (VACCA)
1800 687 662
vacca.org



Pride Victoria
pridevic.com.au



National Disability Insurance Agency (NDIA)
1800 800 110
ndis.gov.au



Thorne Harbour Health
thorneharbour.org
1800 134 840



DHHS Office of Professional Practice
dhhs.vic.gov.au/office-professional-practice
(03) 9096 8427



Office of the Public Advocate
1800 066 969
opa.sa.gov.au



Disability Advocacy Resource Unit (DARU)
(03) 9639 5807
daru.org.au



Migrant Resource Centre North West Region Inc
mrcnorthwest.org.au
(03) 9367 6044

Got a question? Contact us!

T: 1800 955 229 E: asklwbvic@lwb.org.au W: lwbvictoria.org.au

LIFE WITHOUT BARRIERS