## LIFE WITHOUT BARRIERS

This Palliative Care Plan documents the medical and health support requirements for a person supported by Life Without Barriers (LWB) who is receiving palliative care. The plan must be written in partnership with a health professional and reviewed every 3 months or as relevant to the decline in the person's health. This plan should be read in conjunction with the person's End of Life Care Plan<sup>1</sup> (if they have developed one).

Personal Details								
Name:				Date of Birth:				
Address:				CIRTS ID:				
Does the person identify as Aboriginal and/or Torres Strait Islander?				slander?	□Yes	□ No		
Does the person have an Advance Care Directive in place? *if yes, this must be referred to during the Palliative Care Planning process				□Yes	□ No			
Plan creation date:			Plan Review Date:					
Authorised Decisio	n Maker:	Name:						
Person Responsi	Address.						Phone:	
<ul> <li>Appointed Guardi</li> <li>Other:</li> </ul>	an	Email:						

<sup>&</sup>lt;sup>1</sup> The End of Life Care Plan documents the person's preferences for how the person would like to be supported as their life ends and includes information such as who they would like with them, who to contact and funeral arrangements.



Diagnosis & medical information (to be completed by a Health Professional(s))						
Diagnosis:						
Co-morbidities:						
Date of diagnosis of	of curre	nt illness:		Prognosis / life e	xpectancy:	
Current medical tre	eatment	s:				
Proposed treatmer	Proposed treatments and procedures:					
Name of treating Doctor(s):				Name of doctor:		
Address:				Address:		
Phone:				Phone:		
Has the person been informed of their illness? (this is the responsibility of the treating doctor)		□Yes □ No	Comment:			
If yes, does the person understand their condition/prognosis?		□Yes □ No	Comment:			



Does the person's Key Decision Maker understand the person is dying?		□Yes □ No	Com	nment:	
Commencement Date	of this Plan:		Com	nment:	
Other plans to be read	d in conjunction with t	his plan?			
E.g. Health Care Plan,	Epilepsy Mgmt Plan, En	d of Life Care Plan			
Palliative Care Suppo	ort – (to be completed b	y Health Professional(s))			
Area of Support	Details / Action required			Comments (e responsible)	e.g. date required, priority, who
Pain Management					
Food and Fluids					
Skin Care					
Mouth Care					
Eye Care					
Bladder Care					



Bowel Care	
Positioning	
Oxygen Therapy	
Environment	
Emotional / psychological support	
Spiritual / Cultural needs	
Equipment and/or additional staff required	
Other Support:	



Resuscitation – (to be completed by Health Professional(s))							
Does the person wish to be resuscitated?	□No⇔	Details:					
	□Yes⇔						
What resuscitation interventions <b>should be</b> given to the person?							
What resuscitation interventions <b>should not be</b> given to the person?	[Treating Medical Practitioner to confirm based on the person's circumstances that further medical treatment would be futile or unreasonably burdensome]						
What to do in the event of unconsciousness, imminent or actual death (e.g. is CPR to be commenced? call palliative care nurse etc.)							
Commencement Date of Resuscitation Plan:	<b>Note:</b> from this date forward the person should not be resuscitated via CPR.				ited via		
To be completed by the person or their Authorised Decision Maker	Name:			Signature:			
Consent for the withdrawal of resuscitation interventions:	Relationship:			Contact No.		Date:	



Palliative Care Health Professionals involved in the development of this plan							
Name	ame Profession Signature Date Contact No.						

Support Planning – to be completed with LWB staff in consultation with person's Support Network.					
Area of Support	Details / Action required	Comments (e.g. date required, priority, person responsible)			
Family support					
Social support					
Spiritual/ Religious/ Cultural					
Preferred place of care in advanced stage of illness (e.g.home, hospice, hospital)					

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Support Planning – to be completed with LWB staff in consultation with person's Support Network.						
Area of Support	Details / Action required	Comments (e.g. date required, priority, person responsible)				
Communication with the person about changes in their health						
Communication with others about the illness e.g. friends, day program						
Support for other people in our services						
Facilitate request for legal assistance (e.g. request to complete a Will)						
Facilitate request for religious care (e.g. Last Rites)						
After death – (who to notify)						
Reportable Death <sup>2</sup>	Call LWB management & Police immediately to report the person's death.	See Reference at bottom of page and refer to <u>LWB Client Death Review Process</u> <u>LWB</u> <u>Intranet – Client Death</u>				

<sup>- 2</sup> Reportable deaths: The death of a person within LWB is a reportable death. Under the Coroner's Act 2009, the police must be notified. The deceased person should not be moved or changed until permission is given by the police. A police officer or doctor is responsible for reporting the death to the coroner. The coroner will determine if an autopsy or inquest is to be conducted. The funeral service and burial/cremation may be delayed. It is necessary for LWB staff to comply with these legal requirements and the person's family must be advised of these requirements when they are notified of the person's death.

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Version: 14.0



Support Planning – to be completed with LWB staff in consultation with person's Support Network.								
Area of Support	of Support Details / Action required Comments (e.g. date required, priority, person responsible)							
<b>Funeral service</b> (what are the persons' and family's wishes?) Also refer to End of Life Care Plan								

Response to need for medical / health care assistance (Health Professional to complete where applicable)				
Call the doctor when:	Name of Doctor:			
	Phone number:			
Call the nurse when:	Name of Nurse:			
	Phone number:			
Call the hospital / ward when:	Name of hospital / ward:			
	Phone number:			
Call the ambulance when:	CALL 000 for ambulance			
Call the family when:	Name of family member:			
	Phone number:			
Call the key decision maker when:	Name of key decision maker:			
	Phone number:			



Persons involved in planning meeting (Non- Health Professionals)							
Name:		Relationship	to person	Signature	Date		
Approvals and conser	t						
I have reviewed this Pa management of care.	liative Care Plan and give a	pproval for staff	to implement the s	trategies detailed here i	n order to assist in the		
Name	Relationship	To Person	Signature		Date		
	The person						
	Key Decision	Maker					
	Line Manager	r					
	Operations M	lanager					

**Upload to CIRTS as follows:** Plans & Assessments> Add New Plan> Palliative Care Plan/DNR >Add Attachment> SURNAME FirstName YYYY.MM.DD.



## LWB Staff Declaration (All staff who work with this person to sign)

I have read and understood this Palliative Care Plan and agree to implement it accordingly and as directed by my Line Manager.

Name	Signature & Date	Name	Signatur & Date	e
Name	Signature & Date	Name	Signatur & Date	e
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