#### WE LIFE WITHOUT BARRIERS VE



# How to use this booklet

This document was written by Life
 Without Barriers in Easy English.

We use pictures to explain some ideas.

 Some words are written in blue.
 We explain what these words mean at the end.



 This book explains some of the things that Life Without Barriers has done over the year.

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- Life Without Barriers helped more than
  - 21,000 people last year.



• We helped 5,687 people with disability.



• We helped 4,534 children and young people.



• And we helped 9,092 older people

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- We are always looking for new ways to make our services better for you.
- To help our services get better, we wrote a plan so we can help more people in the next five years.
- This plan is called Strategy 2025.



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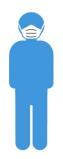
How we helped people be safe from

COVID-19

 We had a really good team that helped protect our staff and the people we support, from COVID-19.



 This team helped people with disability and their staff get vaccinations in special places just for people with disability.



 We kept people safe by wearing masks and cleaning and following rules from the Government.



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How we supported Aboriginal and Torres Strait Islander people

- We support Aboriginal and Torres
   Strait Islander people and make sure
   we do lots of things to help
   Reconciliation.
- Reconciliation means listening and learning about Aboriginal and Torres Strait Island people and making sure we help them in the right way.
- We had events to celebrate special days, like Reconciliation Week.
- We also made friends with other organisations so we could do more for Aboriginal and Torres Strait Islander people.

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#### Some of the services we provided

We helped a lot of people to live the life they wanted to live, including:

- ndis
- We helped 600 people with disability in Victoria to get money for their home from the NDIS.
- We helped a young Aboriginal boy have a good holiday with a foster care family, because he couldn't go home in the holidays.

We helped 1,900 people who left their country because they were in danger, find new homes in Australia.









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 We supported a foster carer who welcomed a 14-year old boy into her home and helped him feel safe and happy.

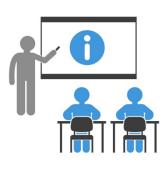


 We helped a young man with disability named Matthew to move into a house with other people he likes and now he makes lots of choices about what he wants to do.



 We helped two older people whose names are Ray and Maureen to stay in their own house rather than move to a nursing home.





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- We helped a young woman called
   Jane with her mental health, and
   now Jane is happy and has a job
   she likes.
- We helped train disability support workers in a place called Norfolk
   Island so they could look after
   people with a disability on the island.



 We now have special staff who help people with disability make choices about how and where they want to live. This is called the Disability Housing Unit.



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 We helped young people who were getting in trouble with the police, with a special program that helps them and their families to talk more and feel happier.



- We set up an Education Team to give extra help to children and young people in care to enjoy learning and going to school.
- We worked with a university to write

   a special report on how to make
   sure people with disability have
   more choices in where they live and
   who they live with.





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This report will help us improve the kind of housing we provide to people with disability.



 We want to make sure we give more people with disability a job at Life Without Barriers.

- This year 100 people with a disability got jobs at Life Without Barriers.
- Life Without Barriers and another company called Joblife, worked together to help young people with disability to get jobs.





#### We work with other organisations too

- The Children in Care Collective is a group of people that try to make sure children and young people are safe when they are in care.
- Alliance20 is a group of disability service providers that work together to make services for people with a disability better.
- We partnered with Cornell University to help children and young people to live happier and healthier lives.









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- We have a group of people called a Board, who make sure we are doing the right thing for you.
- The Chair of our Board is Greg Ridder.





 Life Without Barriers thanks all the people we support, for trusting us to support you.

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#### What do these words mean?

Foster care	When a child can't be looked after by their parents, they are looked after in someone else's home. This person is called a foster carer. While the child is not at their parent's home, they are in foster care.
Aboriginal and Torres Strait Islander people	The first people to ever live in Australia. They have a strong feeling towards the land, water and animals in Australia.
Multisystemic therapy	A way to help young people that works with their school, parents and friends to help them get back to doing the right thing.
Mental Health	How you feel, your emotions, your wellbeing
Chair	The boss of all the board members. The Chair is in charge.
Chief Executive	The boss of all the people who run Life Without Barriers. The Chief Executive is in charge.
Vaccination	A vaccination is a type of medicine that you get when a doctor or nurse gives you a needle in the arm.