

**LIFE
WITHOUT
BARRIERS**

My pathway, my future

Free online resource



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mypathwaymyfuture.com.au

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This website guide was developed to support people with psychosocial disability to explore their options and potential when either considering, planning or maintaining:

- Employment
- Education
- Training
- Volunteering

When seeking education, training and employment it is useful to know what options you are best suited to. Learning and working in an area, which is aligned to our values, personality, strengths, interests and skills is typically a very positive experience, because we feel more confident, we are more motivated, and we are able to achieve more.

We wish you all the best in your journey of self-reflection, and self-discovery.

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