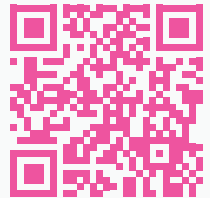




Debraha Bills  
Carer Ambassador

# Be a Foster Carer

Ask me how



My name is Debraha Bills – call me Deb. My partner Adam and I have been Foster Carers with Life Without Barriers since 2014 and live in Adelaide’s northern suburbs surrounded by beautiful gum trees.

Since becoming a Foster Carer, I have provided emergency and respite care for fourteen children and young people.

A great way to learn more about foster care is through the first-hand experience of carers. By sharing my story, I hope to give you a real insight into what it means to be a Foster Carer and why fostering could be the most rewarding thing you will ever do.

For an in-depth, open and honest account of my experience as a Foster Carer, scan the QR code above to watch my video.

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# Share your world

## Be a Foster Carer

### Frequently Asked Questions:

#### Why do you foster?

I wanted to make a difference.

When I was growing up, my own family went through a very tough time. I'm the oldest of seven and fortunately for us, Mum managed to keep us all at home together.

As an adult, I realised my grandma inspired me as a Foster Carer – now I love being both a grandma and a Foster Carer myself! It truly feels good and honours my grandmother's memory.

#### How do you do it?

I just take it one day at a time, with that young person's needs in mind.

#### What are the highlights?

There are random times when I get to share the most incredible fun and love. This touches my soul and reaffirms why I do it!

Another thing that really stands out for me is when a young person reconnects with us after they've left care. It shows us they know they have trusted adults in their lives.

Foster care has also enabled our family and friends to become aware of the impact of trauma on young people - and created opportunities for everyone to show empathy and build trust.

#### Would you do it again?

If I could go back in time I would do it all over again. Absolutely!

Being a Foster Carer brings another dimension to my life and creates lots of happy memories.

#### Could I be a Foster Carer?

Life Without Barriers welcomes carers who are single or partnered, working or retired, with or without children, from any cultural background, sexuality or religion.

To become a Foster Carer your ability to care for and nurture a child is what really matters. The team at Life Without Barriers will chat with you about your personal situation to see if foster care is the right fit for you.

If you really want to help vulnerable young people and are considering fostering, discuss it with those important to you first and explore their willingness to support you. Like me, you may be thrilled and surprised by the level of support those around you are willing to offer.

#### More info:

To contact me for a personal chat about foster care:

**P: 0407 007 506**

**E: [Debraha.Bills@lwb.org.au](mailto:Debraha.Bills@lwb.org.au)**

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