

LIFE WITHOUT BARRIERS



Culturally Diverse Psychological Service

For people from culturally and linguistically diverse backgrounds

Service details

- Available to people from culturally and linguistically diverse **(CALD) backgrounds** who are 12 years and older with mild to moderate psychological distress
- Clients can receive short-term **(up to 10 sessions)** culturally appropriate and evidence-based psychological counselling
- **Interpreters** can be used as needed
- Accessible throughout the **Perth metro** area
- **Free and confidential**

Language: English

Our locations

- Leederville
- Mirrabooka
- Langford

Contact us for services closer to home.

Accessing the service

A GP referral is needed to receive counselling. Please see your doctor to arrange a referral.

Exclusions

This service is:

- Not a crisis service
- Not for clients who are at high risk
- Not for complex and severe mental health illness, for example: psychotic disorders, personality disorders, schizophrenia, bipolar disorder, complex PTSD, learning disorders, major drug and alcohol issues.

Contact us

For more information or to make an enquiry:

Phone: 0418 724 549

Email: cdps@lwb.org.au

Visit: www.lwb.org.au/CDPS

If you need an interpreter call **131 450** and ask to be connected to the Culturally Diverse Psychological Service on **0418 724 549**

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