

# LIFE WITHOUT BARRIERS

## Culturally Diverse Psychological Service

For people from culturally and linguistically diverse backgrounds

### Service details

- Available to people from culturally and linguistically diverse **(CALD) backgrounds** who are 12 years and older with mild to moderate psychological distress
- Clients can receive short-term (**up to 10 sessions**) culturally appropriate and evidence-based counselling
- **Interpreters** can be used as needed
- Accessible throughout the **Perth metro** area
- **Free and confidential**

Language: English

## Our locations

- Leederville
- Mirrabooka
- Langford

Contact us for services closer to home.

## Accessing the service

A GP referral is needed to receive counselling.  
Please see your doctor to arrange a referral.

## Exclusions

The CDPS is not a crisis service and is not able to support clients who are at high risk, or with complex and severe mental health illness.

## Contact us

For more information or to make an enquiry:

**Phone:** 0418 724 549

**Email:** [cdps@lwb.org.au](mailto:cdps@lwb.org.au)

**Visit:** [www.lwb.org.au/CDPS](http://www.lwb.org.au/CDPS)

If you need an interpreter call **131 450** and ask to be connected to the Culturally Diverse Psychological Service on **0418 724 549**

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