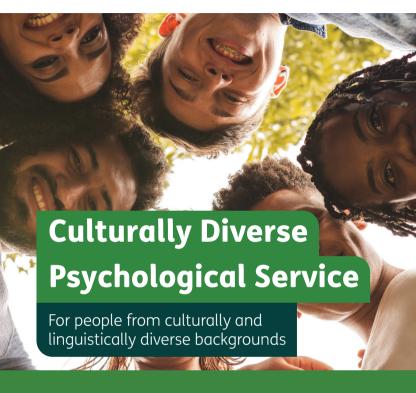
LIFE WITHOUT BARRIERS



Service details

- Available to people from culturally and linguistically diverse (CALD) backgrounds who are 12 years and older with mild to moderate psychological distress
- Clients can receive short-term (up to 10 sessions) culturally appropriate and evidence-based psychological counselling
- Interpreters can be used as needed
- Accessible throughout the Perth metro area
- Free and confidential

Language: English

Our locations

- Leederville
- Mirrabooka
- Langford

Contact us for services closer to home.

Accessing the service

A GP referral is needed to receive counselling. Please see your doctor to arrange a referral.

Exclusions

This service is:

- Not a crisis service
- Not for clients who are at high risk
- Not for complex and severe mental health illness, for example: psychotic disorders, personality disorders, schizophrenia, bipolar disorder, complex PTSD, learning disorders, major drug and alcohol issues.

Contact us

For more information or to make an enquiry:

Phone: 0418 724 549 **Email:** cdps@lwb.org.au

Visit: www.lwb.org.au/CDPS

If you need an interpreter call **131 450** and ask to be connected to the Culturally Diverse Psychological Service on **0418 724 549**

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