

LIFE WITHOUT BARRIERS



Culturally Diverse Psychological Service

For people from culturally and linguistically diverse backgrounds

Service details

- Available to people from culturally and linguistically diverse **(CALD) backgrounds** who are 12 years and older with mild to moderate psychological distress
- Clients can receive short-term **(up to 10 sessions)** culturally appropriate and evidence-based counselling
- **Interpreters** can be used as needed
- Accessible throughout the **Perth metro** area
- **Free and confidential**

Language: English

Our locations

- Leederville
- Mirrabooka
- Langford

Contact us for services closer to home.

Accessing the service

A GP referral is needed to receive counselling. Please see your doctor to arrange a referral.

Exclusions

The CDPS is not a crisis service and is not able to support clients who are at high risk, or with complex and severe mental health illness.

Contact us

For more information or to make an enquiry:

Phone: 0418 724 549

Email: cdps@lwb.org.au

Visit: www.lwb.org.au/CDPS

If you need an interpreter call **131 450** and ask to be connected to the Culturally Diverse Psychological Service on **0418 724 549**

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