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# Community Independent Living

Onsite shared support service

Disability services. Support on your terms



# Life Without Barriers Community Independent Living option

At Life Without Barriers, we are committed to invigorating living choices for people with disability to help you find the ideal living arrangement whatever the situation.

We have developed a new independent living option called **Community Independent Living**.

Community Independent Living enables you to live in your own home while sharing onsite supports with other residents in your apartment building.

This unique option brings together a 'community' of individuals to share the cost of paying for onsite support so you have supports on hand when you need them, and your NDIS funding can go further.

Community Independent Living brings together three key elements so you can live independently with **confidence, privacy, comfort, and security**.

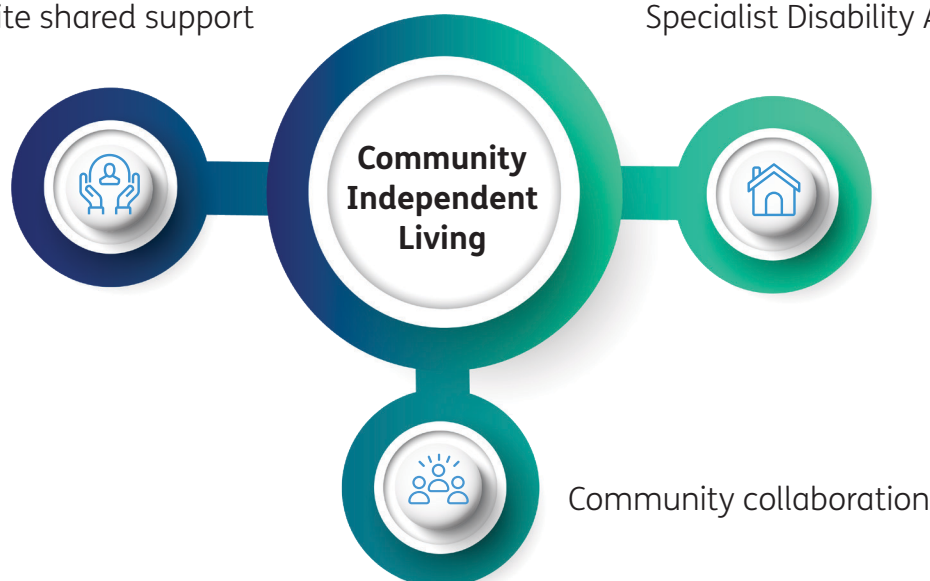
The three elements include:

- ✓ **Your home** – live in brand new Specialist Disability Accommodation (SDA) apartments in great inner-city locations.
- ✓ **Your supports** – access flexible onsite shared supports when you need.
- ✓ **Your community** – be part of a community of like-minded individuals collaborating to shape and manage your supports while living in modern architecturally designed SDA apartments with a focus on being environmentally sustainable and fostering social connections.

## Key elements of Community Independent Living

Onsite shared support

Specialist Disability Accommodation



## Your Home

### What is Specialist Disability Accommodation (SDA)?

Life Without Barriers partners with innovative SDA housing developers providing the onsite shared supports in your SDA home.

Specialist Disability Accommodation (SDA) is specifically designed housing for people with very high support needs. It includes special features that can help you live as independently as possible and have better access to supports in your home. For example, you might need an apartment with a reinforced ceiling so you can get a ceiling hoist installed.

SDA funding is for the home only – it does not cover support costs, which are funded separately by the NDIS.

With our **Community Independent Living** option, we have partnered with an innovative SDA housing provider, Housing Choices Australia, to provide the onsite shared supports in SDA apartments which are in residential apartment buildings alongside other owner occupiers.

### What SDA options are available with Community Independent Living?

Community Independent Living is currently available in stunning architecturally designed apartments in the **Nightingale** apartment buildings located in Brunswick, Victoria.

Housing Choices manages the apartments and are a registered NDIS Service Provider of Specialist Disability Accommodation (SDA provider).

Life Without Barriers provides the onsite shared supports for the apartments.

Nightingale Anstey



# Your Supports

## What is onsite shared support?

As the onsite shared support provider, we will be there to provide you and other residents in the apartment building with on-call access to unplanned or unscheduled supports.

Onsite shared support includes ‘unscheduled’ supports delivered in a single occupancy SDA property.

Our staff will have their own apartment in the building with great spaces to come together with you and the other residents you share supports with.

## What do our supports include?

The supports are for active ‘unscheduled supports’ which are supports for unplanned or irregular needs. For example, this might be assistance with personal care, bedtime and morning assistance, emergencies, or even small things like retrieving dropped items from the floor, or any other irregular event.

Our skilled team can provide a range of activities such as:

- Getting in or out of bed
- Personal care
- Turning and repositioning
- Medication and pain relief
- Hydration and nourishment
- Temperature regulation
- Reassurance and emotional support
- Supervision and safety

## How much does onsite shared support cost?

To receive onsite shared support, you need to contribute approximately \$70,000 per person per annum. This gives you at least 8 hours per day of unscheduled support, however this will increase to 24 hours, 7 days a week support as more residents contribute.

As we fill more vacancies in the apartments, the number of hours of support will increase.

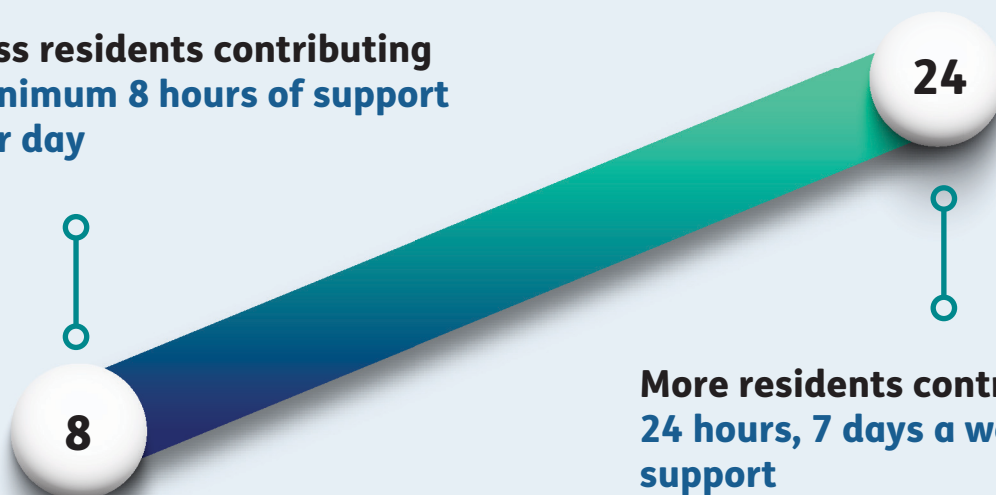
### Vacancies vs. care hours

**Less residents contributing**  
**Minimum 8 hours of support**  
**per day**

8

24

**More residents contributing**  
**24 hours, 7 days a week**  
**support**



### **Will I be able to choose/bring my own supports?**

Yes. You will have choice and control to select your planned, or rostered supports which include day-to-day, regular, and consistent tasks.

Our onsite shared supports run alongside your individual scheduled supports. Life Without Barriers can provide both your onsite shared support and individual scheduled supports if you like, or you can keep them separate. The choice is yours!

### **How will Life Without Barriers facilitate collaboration with everyone?**

Life Without Barriers will have a Community Independent Living Coordinator on site to coordinate and deliver the shared supports.

Our Community Independent Living Coordinator will work with you to meet your individual needs, preferences, and expectations and will set up regular reviews with you.

### **What if I want to withdraw from onsite shared support but stay in my apartment?**

While the apartments form part of the Community Independent Living model which relies on all SDA residents contributing to the onsite shared supports at the quoted amount, Life Without Barriers will uphold people's right to choose to withdraw if they wish to. This will be included in your Service Agreement.

### **How can Community Independent Living help you become more independent?**

#### **Here is an example of how you can share your supports and collaborate:**

You and a fellow tenant, John, both apply to live in the apartments.

You both agree to contribute \$70,000 per annum to receive onsite shared support, understanding this will only be 8 hours per day of active unscheduled support until more vacancies are filled.

You and John only require sleepover support.

You and John also have a budget for core or scheduled supports of four hours each day in your respective plans.

You and John decide it is much easier for you both to have someone available 24/7 and collaborate with their provider to use their 4 hours each to fill the rest of the unmanned onsite shared support hours.

You and John now have someone available on site 24/7 with ample funds remaining for community participation (CP) or extra staff for 2:1 supports.



## Your Community

### How do we find the right residents to join your onsite shared support community?

Life Without Barriers will work closely with Housing Choices Australia to fill vacancies and ensure the right tenants are offered an apartment.

We want to build a community of people who:

- Love their own space but work well with others in the apartment community
- Want to take a more active role in managing their supports
- Have a good idea about how they want to live
- Enjoy living in a building that is designed to be environmentally sustainable and foster a great community spirit.

## What are the benefits of Community Independent Living?

- You can live alone with confidence in your own apartment and share supports with like-minded individuals.
- You do not need to have support workers in your home 24/7 like in a Supported Independent Living (SIL) home which means you have greater independence and privacy.
- You have the peace of mind of a support worker close to you when you need them!
- You can share the costs of supports with others to make your NDIS funds go further.
- You make decisions as part of a community on how to share supports.
- You have access to Life Without Barriers' onsite support team who are highly trained, have a human rights approach and who are focused on delivering great customer service.
- You receive assistance with personal domestic tasks, assistance with self-care activities, all through the week as per your service agreement.
- You have emergency and critical support available via a concierge service.
- You get flexibility in how and when you receive support.
- You can live in great, vibrant inner-city locations.
- You have greater control over your life choices.





## Why choose Life Without Barriers

At Life Without Barriers, we support people with physical, intellectual, and psychosocial disability to live their best life.

- We are a disability specialist who has been supporting people with disability for close to 30 years.
- We provide flexible services and individualised support to suit everyone's needs.
- We uphold the highest standards of quality and safeguards.
- Our support team are highly trained, empower the people we support through a human rights-based approach and focus on delivering exceptional service to the people we support.

## Services we offer

As a registered NDIS provider, and experienced disability and mental health service provider, we can help you unlock the potential of your NDIS plan to get the most out of your supports.

Our NDIS Home & Living options include:

- Supported Independent Living
- Specialist disability accommodation
- In-home support
- Individualised Living Options
- Medium term accommodation
- Short term accommodation
- Onsite shared supports (known as Community Independent Living)

Our other NDIS supports include:

- Lifestyle Supports
- Support Coordination
- Health, therapy and wellbeing
- Disability Employment programs

# Community Independent Living

**Disability services. Support on your terms**

**To learn more, contact our Intake and Support Officer**

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