

## 14 days of Hook into Books kindness!

Write a kind note and secretly leave it in a friend's bag, desk, or lunchbox.

Read a storybook to a younger sibling, cousin, or even a pet!

Make a thank you card for someone who helps you every day (a teacher, parent, bus driver, etc).

Draw a comic strip about a superhero whose power is kindness.

Compliment 3 people today make their day with your words!

Write a short poem or rap about being kind or helping others.

Leave a happy message inside a library book for the next person to find.

Create a "kindness coupon" for someone at home (like "I'll set the table" or "One free hug").

Write a mini book review of a book that made you smile and share it.

Offer to help a classmate, friend, or family member without being asked.

Start a kindness journal – jot down one nice thing you did today and how it felt.

Design a poster encouraging others to be kind at school or in the community.

Make a list of 5 things you love about yourself – being kind to YOU is just as important.

Write a letter to your future self about the kind person you want to be.

Name:

Address:

Age: