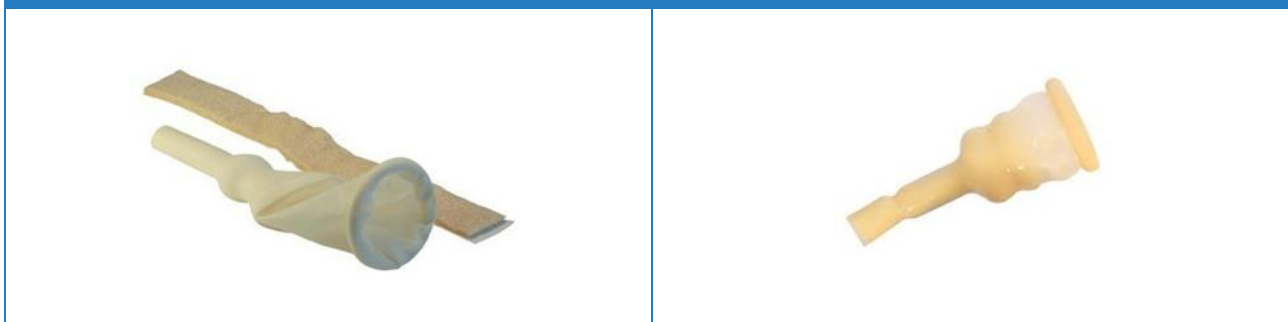




- Ensure that the person's staffing preference is applied to this procedure, as detailed in their [NDIS LWB 5531 Personal Care - Plan](#).
- This procedure is a guide only and may not be appropriate in all circumstances. Therefore, instructions from an AQHP must always be obtained and followed.
- This procedure should be read in conjunction with the [NDIS LWB 5501 Health and Wellbeing – Procedure](#) and in consultation with the person we support or their Uridome Application and Care – Plan.
- This information is a guide and might not fit every situation. If a person needs this support, a health professional, such as a Continence Nurse, Urologist, or Doctor, should make a plan for them. This plan will outline the kind of support they need. Staff can give the GP, continence nurse or urologist a copy of the [NDIS LWB 5509 Health Plan Essentials -Checklist](#) to help them understand what needs to be included in the plan.

NOTE: The Uridome is usually applied after daily bathing/showering.

Image of Uridome



Uridome Application and Support Procedure

☒ Check

- Check and follow the person's Uridome Application and Support – Plan.
- The staff will fill out the '[NDIS LWB 5450 Support Plan - Staff Declaration](#)'. This form is used to confirm that they have received training on how to support the person according to their plan.
- Make sure that you have all the necessary equipment and materials ready to use.
- Make sure to ask the person how they want to be involved in their support based on their plan and at the level they prefer.
- Tell the person what you will do and ask if they agree to let you do it.

- Look carefully for any signs of damage, such as black and blue marks, injuries caused by pressure, and cuts on the skin.



Support

- In Spinal Cord Injury, **Autonomic Dysreflexia** can be related to a blocked urinary device. **This is a medical emergency, immediately call an Ambulance (000) and follow the person's care plan to alleviate symptoms. Do not leave the person alone.**

Constriction of the Penis

- If the Uridome device used is not fitting properly or is too tight, it can cause a very serious problem. It can squeeze the penis too much and stop the blood from flowing properly. This can cause the tissues to die and even lead to gangrene. If the person using the Uridome feels any numbness, tingling, or pain, you need to remove it immediately. They may also notice some swelling or redness in the area. **Seek urgent medical advice if constriction of the penis is suspected.**

Distended (swollen) or hyperactive bladder

- This may happen due to an infection, stones in the bladder or kidneys, or a medical procedure where a tube is inserted to help drain urine. In some cases, the bladder can become fuller than it should be due to a blockage, infection, or an enlarged prostate in men. **This is a medical emergency, and an ambulance should be called immediately.**

Urinary Tract Infection

- Watch out for signs of a urinary tract infection and report it right away. Signs can be urine may be cloudy, blood-stained, and have an offensive odour. The person may have a fever, chills, and sweating. Urine may be passed frequently with a burning sensation. **Seek medical advice immediately.**

Skin Breakdown

- Skin can get hurt by rubbing, chafing, or irritation. Also, some people might be allergic to the Uridome, especially if it's made of latex. If this happens, we should support the person find a different option. If the problem continues, **seek medical advice.**
- Don't put the Uridome on skin that is damaged. Talk about other choices with the person. For example, they could use a bottle to collect urine or a pad for incontinence for a short time.

The Urine Bag does not Fill.

- Check the Uridome to make sure it is not twisted or moved out of place. Check all tubes to make sure they are not bent or blocked. If they are blocked, change the bag right away and keep an eye on the amount of urine. Sometimes, a vacuum can stop urine from draining out of the Uridome. You can fix this by briefly disconnecting the drainage device if this happens.

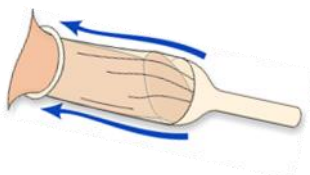
The Uridome Leaks or Becomes Displaced

- The Uridome may not be the right size. You should ask the person if they're okay with checking with a continence nurse or doctor. It's important to avoid using moisturisers, creams or powder as these can stop the Uridome from sticking properly.
- Wash your hands.
- Put on the correct personal protective equipment (PPE) before attending to the person or handling any Uridome equipment. Refer to the [NDIS LWB 5507 Let's Talk About PPE for Support Activities](#) for the correct PPE requirements.

Applying the Uridome

- Select a private location free from distraction to perform the procedure per the person's choice and preferences.
- Maintain the person's dignity and privacy during the procedure.
- Assist the person to get into a suitable and comfortable position.
- Wash the penis with soap and water if necessary. Rinse and dry. The penis must be completely dry before applying the Uridome.
- Assess the penis for irritation or redness – do not apply the Uridome if the skin is broken or irritated. Consult a health professional.
- If pubic hair makes it hard to use uridome, a cloth can be over the base of the penis to stop hair from getting caught. Another way to keep the hair out of the way is to mark a small hole in a paper towel and put this all the way over the penis. Some people might like to cut their pubic hair shorter.
- Roll the Uridome onto the penis. If the person is uncircumcised, do not pull the foreskin back.
- Leave a 2-3 cm space between the tip of the penis and the end of the Uridome.

Applying the Uridome



- Put on the Uridome as per the manufacturers' instructions. If the tape is used to secure the Uridome, make sure it is not too tight and apply it lengthwise rather than around the penis to prevent constriction.

- Make sure the edge of the Uridome does not roll back to form a tight band around the penis.
- Make sure there are no bumps or folds. If you see any, take off the Uridome and put it in again.
- Connect the drainage bag with a tube to the connector tip on the Uridome.
- Make sure the tube is free of twists and kinks and that urine can flow freely into the bag.
- Make sure the drainage bag is fastened and the tap is shut so urine doesn't leak out. If the bag is strapped to the person's leg, make sure it's snug but not squeezing too hard.

Secure the drainage bag.



Monitor the Person we Support

- After putting on the Uridome, wait 30 minutes. Then check the penis to make sure the tape isn't too tight, and there are no allergies: like swelling, colour change and discomfort. Also, make sure the Uridome is sticking well. Remember to wear gloves for this check. You need to wear other PPE if you have to take the Uridome off, adjust or put on the Uridome again.
- If the person says it hurts or feels uncomfortable. If you see swelling, redness or irritation, contact a health professional right away.
- Make sure to check often to see if any urine is leaking out.
- Every 4 hours, check the penis to make sure the tape isn't too tight, and there are no allergic reactions or skin damage. Look for signs of swelling, colour change, rubbing, chafing and discomfort.

Drainage System

- Keep the drainage system closed to lower the chance of getting a urinary tract infection. It's important to prevent these infections. You can prevent this by washing your hands and wearing the right PPE when you're helping with Uridome support.
- The leg bag is usually worn under clothing and attached to the thigh with leg straps.

Leg Bag Placement



- If a person is in a wheelchair, they can wear the drainage bag on their lower leg or hang it on the wheelchair. Also, some people like to use a cover for the drainage bag to keep it private when in the community.
- Empty the drainage bag when needed. When the bag gets full, it gets heavy. This can stretch the straps or make it come off. You should empty the bag when it's $\frac{1}{2}$ to $\frac{3}{4}$ full. Make sure the drainage bag never gets completely full.
- The bag should be emptied into a container or straight in the toilet, depending on what the person wants. You do this by opening the drain tap at the bottom of the bag. The type of drain tap might be different based on the kind of leg bag used.

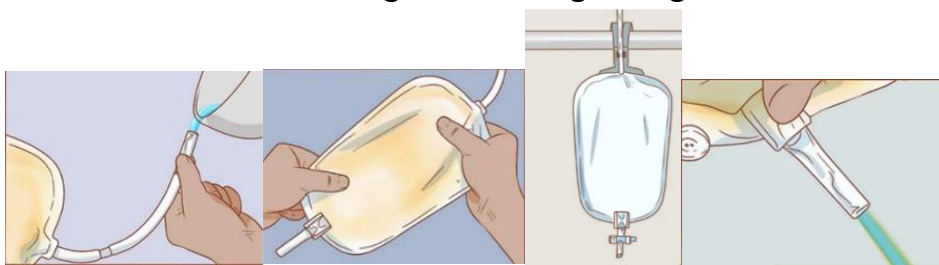
Emptying the Leg Bag



Attaching and Cleaning Overnight Bag

- The larger overnight bag is connected to the leg bag. You do this by joining the plastic tip on the tube to the tap at the bottom of the leg bag. Do not take off the leg bag from the Uridome, or it will break the closed system.
- Open the tap on the leg bag to let the urine go into the overnight bag. Make sure the tap on the overnight bag is shut.
- The overnight bag should be put on a stand that's lower than the bladder level. Make sure the bag does not touch the floor.
- The leg bag should stay strapped to the person's leg all night to stop it from pulling off.
- When you take off the overnight bag, make sure the tap on the leg bag is shut.
- Pour out the urine from the bag into the toilet. Write down how much urine there was if needed.
- After each use, rinse the overnight bag or re-usable leg bag with warm tap water, let it soak for 20 minutes in the sterilising solution, and then dry it in a place with good air flow away from direct sunlight.
- When you hang it to dry, put the cover over the plastic tip on the tube.

Cleaning the Overnight Bag



Change the urine bag at least once a week or as the AQHP recommends.



Report

- Record any abnormalities, including bruising, pressure injury, and skin tears, in progress notes and organise for medical review of any abnormalities. See [NDIS LWB 5554 Responding to Unexplained Bruising Suspicious Mark or Injury – Procedure](#) and report in an iReport event.
- Report any concerns or issues related to the person's Uridome support immediately to the Disability Support Leader¹ or On Call.

¹ All references to Disability Support Leader (DSL), includes all Frontline Leadership roles, such as House Supervisor.