

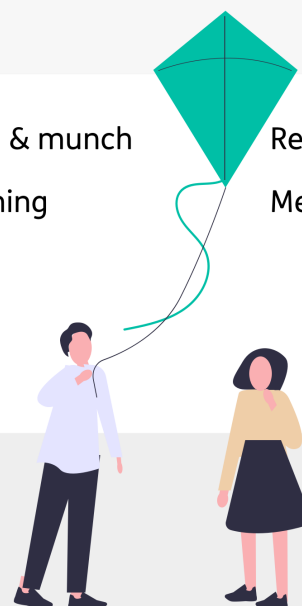
Hunter Lifestyle & Community Supports

Program calendar 2023

LIFE WITHOUT BARRIERS



Location	Monday	Tuesday	Wednesday	Thursday	Friday
The Hub Broadmeadow	Cooking Gardening group Performance crew	Creative Art The Workshop	Drumming and music crew	Rainbow committee Fruit & veg group Busking & band practice	Cooking & catering Performance crew
Hand2Hand Shop Newcastle	Retail, art & craft	Retail, art & craft	Retail, art & craft	Retail, art & craft	Retail, art & craft
Community Groups	Tenpin bowling league Revo fitness gym crew	Choose your own adventure group Sailing Retail work experience Swimming	Crunch & munch Swimming	Retail work experience Men's social group	Social club Fishing Men's social group Sports & BBQ crew



Hunter Lifestyle & Community Supports Group Activity Program

Our activities program provides you with the opportunity to enjoy a range of fun and educational activities in a safe and supportive environment.

Our staff understand that every person has different need and goals. We will work with you to decide which group activities you would like to join to match your interests and abilities.

Join us and have fun!

Things you need to know

Contact details

Life Without Barriers
Hunter Hub
65 Broadmeadow Road
Broadmeadow NSW 2292

Contact number

0431 720 785

Hours of operation

Office hours: 8:30am - 5pm (Monday to Friday)

Group program: 9am - 3pm

Individual supports: 24/7, 7 days a week

Transportation

We offer transportation to and from our group activities. Whenever possible, we use public transport. Additionally, we provide a shuttle service to and from the Hunter Hub. For more details, please feel free to contact us.

What to bring

All activities - bottled water, morning tea, lunch, extra clothes, a hat and money for personal items.

Monthly social events - Life Without Barriers offer monthly excursions where clients will be required to pay an entry fee. These may include concerts, special events, shows, vineyard lunches as well as other local events and destinations.

Groups in the community - Please ensure you have enclosed shows and appropriate clothing for outdoor activities.

Participant costs

This service is funded for eligible clients under the NDIS. Additional charges will apply for some activities.

Holidays

If you are not able to attend - please refer to your Service Agreement regards the notice period required. Two weeks notice is required for planned holidays.

Variable supports

The team sends out a variable supports calendar for weekend & after hours activities. These include sporting events, concerts, theatre, community events, camping trips & day trips to Sydney, the Zoo, Aquarium, Hunter Valley etc. Contact your Disability Service leader to find out more.