

## **Community Assistance and Temporary Supports Programs (CATS)**

Supporting your recovery at home with care and compassion

### **What is CATS?**

The CATS program supports people, families and unpaid carers permanently residing in the ACT who require temporary, low intensity supports to remain safely in their homes while they recover from a short-term illness, injury, or temporary deterioration of an ongoing condition.



## Who can apply

### Ready to leave the hospital but:

- You cannot get help from short-term, low-intensity services like NDIS or Aged Care to help you recover at home.

### Have a health and/or mental health condition that is temporary, but:

- Unable to get short term assistance to support recovery.

### Have a health or mental health condition that is significant or permanent, and:

- You are trying to get help from another service, like NDIS or Aged Care but need temporary support.

### Be a carer or a family member of someone eligible for the program.

Support under the CATS program is available for up to six months for participants, and 12 months for carers.

## Eligibility

You must permanently reside in the ACT.

## The services we provide

- Domestic assistance
- Personal care
- Assistance with low-cost specific equipment subject to eligibility.

## How to apply

You can contact us directly at [CATS@lwb.org.au](mailto:CATS@lwb.org.au). You can also contact the ACT Health CATS Central Intake on 02 5124 6500 (Monday to Friday, 8.30am - 4.30pm) or email [catsprogram@act.gov.au](mailto:catsprogram@act.gov.au).

The CATS program is delivered by the ACT Government.

More information visit: [Short-term support when you are unwell: Community Assistance and Temporary Supports Program - ACT Government.](#)

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