

## Community and Professional Capacity Building Policy Statement

Life Without Barriers works with others to strengthen our communities and the community services sector in general. We seek to identify the determinants of health and wellbeing, including social, emotional, spiritual, cultural, physical and economic factors, and work with our communities and the broader community services sector to build on identified strengths, address identified problems and promote equity and inclusion. This includes actively participating in research, supporting the dissemination of evidence and working in partnership with universities and researchers.

LWB contributes its knowledge, skills and resources to build the capacity of the diverse range of individuals, groups and organisations within our communities, and promote their independence.

Capacity building is supported by:

- identifying and engaging key individuals, groups and organisations within our communities
- working with others to collect and analyse data on the health and wellbeing of our communities, including identifying strengths and needs
- ensuring that our strategic and operational planning is informed by an understanding of our communities' health and wellbeing
- sharing information with others about their communities' health and wellbeing
- participating in and contributing to seminars and conferences, professional associations, peak bodies and government forums
- identifying opportunities to work with individuals, groups and organisations, and promote shared learning and improvement
- building and harnessing social capital in our range of endeavours
- monitoring the impact of our service sectors on improving health and wellbeing, and adjusting our strategies as necessary.

LWB acknowledges and values the contribution made by the diverse range of individuals, groups and organisations within our communities to improving our capacity to serve.

## **Related Documents**

- Pillars of Practice
- We Put Children First
- Person Centred Practice
- Our Values