The objectives of the HASP Program are to support people who experience mental illness (consumers) to enjoy the full benefits of citizenship and community membership by:

- Providing safe, secure and affordable housing with security of tenure;
- Providing psychosocial rehabilitation and support services that are flexible and responsive to peoples' needs, including up to 24-hour support in some locations if and when required;
- Providing clinical mental health care and rehabilitation services which are individualised, flexible, responsive and support recovery;
- Supporting consumers to build their skills and capacity to live as independently as possible in the community;
- Improving consumers' quality of life, health and wellbeing;
- > Preventing or reducing hospital admissions and crisis service usage; and
- > Evaluating the program and using the information gathered to develop further supported accommodation options which will support consumers to live independently within the community.



## The Service Providers are: Clinical Rehabilitation and Treatment

Will be provided by government Community Mental Health Services.

#### Housing

- Junction Housing will provide housing in the Southern area.
- Unity Housing will provide housing in the Northern and Central (Western and Eastern) areas.

## Psychosocial Rehabilitation and Support

- Mind Australia will provide support in the Southern area and the Burnside area.
- Neami will provide support in the Central (Western and Eastern) and Northern areas.
- Life Without Barriers will provide support in the Central (Western and Eastern) and Northern areas.

### For more information

Contact your local Adult Community Mental Health Service or visit www.sahealth.sa.gov.au



http://www.gilf.gov.au/

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### Information for Consumers, Families and Carers



South Australia

SA Health

### What is the HASP Program?

HASP stands for Housing and Accommodation Support Partnership. The HASP Program aims to help people with significant and ongoing mental health issues to live well in their community by providing safe, secure and affordable housing with in-home and community support from mental health services.

The HASP Program is a 4 way partnership between:

- > You;
- > A housing provider;
- A psychosocial rehabilitation and support service; and
- > Community Mental Health Services.

# How many hours of support can I expect to receive from the HASP program?

Support that you might receive would normally range from 15-30 hours per week and is usually provided daily. If your needs change, so will your support.

Psychosocial rehabilitation and support is available up to 24 hours in some locations.

Housing and support will be available for as long as all the partners, including you, think it is needed.

# What can I expect if I access a place in the HASP program?

If you access a HASP place, you will be supported to participate in a partnership with your housing, support and clinical providers, to:

 Build on or develop the skills and strategies to self manage your mental and physical health;

- Live well in your home and engage in community, recreational, social and employment activities that are important to you;
- > Work towards your own goals
- > Meet your responsibilities in accordance with the terms of your lease; and
- > Be involved in reviews of your service from HASP, at least once every three months, to make sure that the goals you've set and the supports you receive are still what you need.



## If I get involved in the HASP program will I need to pay rent?

Yes, you will need to pay rent. The amount that you will need to pay will depend on your income and will be comparable to other social housing rent.

### How can my family or carer be involved?

Your family or carer will be able to provide meaningful input – e.g. in conversations with the person referring you to the HASP program, as well as with the Housing Provider, as long as you give permission for this to occur.

### How can I access the HASP program?

HASP is a specialised program specifically for people who have complex mental health issues and who need both housing and intensive support. It is a voluntary program intended for adults aged between 18 and 65 years. You can live in HASP housing if you have a partner or children.

To be eligible for the HASP program you will:

- Have a mental illness that impacts significantly on your ability to do all of the things you need and want to do;
- Require intensive support to build or learn independent living skills;
- Have a community mental health services contact person (or are in the process of being allocated one);
- > Be homeless or at risk of homelessness, which includes living in unsustainable, inadequate or inappropriate housing;
- Benefit from being provided with housing and support services;
- > Give consent to participate in the program.

### How do I get a referral to a HASP place?

If you think you could benefit from a HASP place, you will need to have your Community Mental Health Care Coordinator refer you to the program. If you do not yet have a Care Coordinator, ask your psychiatrist, general practitioner or support worker to assist you to make contact with your local Community Mental Health Service.

You and your Mental Health Care Coordinator will need to fill in the *Application for Resources* form and forward it to the Allocation Committee in your area which will discuss how your needs can best be met.

You will also need to sign a *Consent Form*, which gives consent from you to share your information with the HASP service providers. They will only use this information to determine the best way to meet your needs.

You will probably meet a staff member from the Psychosocial Rehabilitation and Support Service before your referral goes to the Allocation Committee - you can ask them more questions about the HASP Program.