

Don't be distracted by your mobile phone when out and about with children.

Keep an eye on them at all times around roads and car parks, keep them safe.



For more information



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## Crossing the road



Hold your child's hand to cross the road.



Always cross at the crossing or where you can see clearly in both directions.

Set a good example for your child. Teach your child about road safety from an early age when out and about.

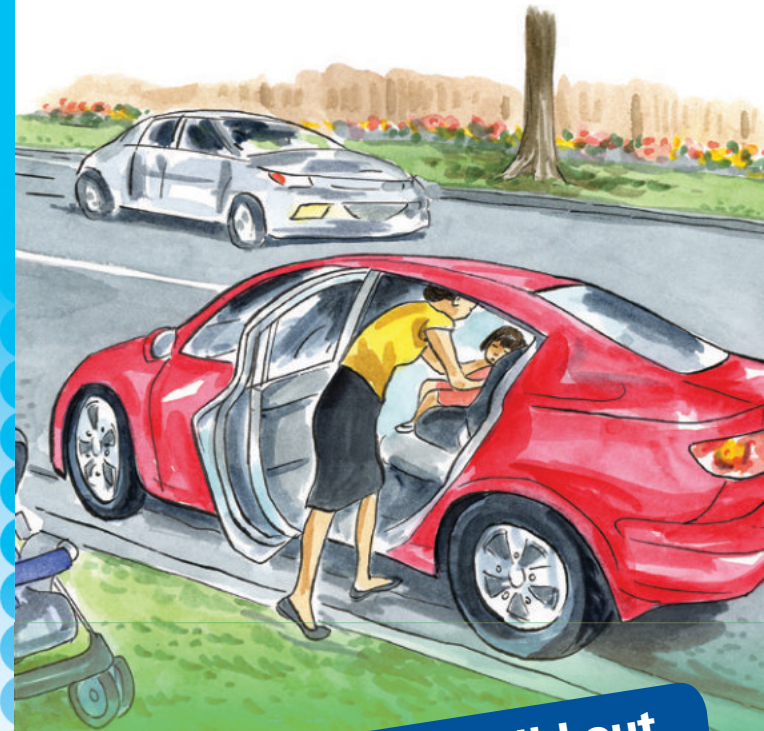
## Stop, Look, Listen and Think

Teach your child:

- Stop** at the kerb
- Look** for traffic in both directions
- Listen** for traffic
- Think** is it safe to cross?



Keeping children  
**safe** when  
**out & about**



Always take your child out of the car on the safe side away from traffic.





## Car seats

Buckle up every child on every trip.



Keep your child in the right seat for their size. Only change seats when your child becomes too big. You can do this by checking the shoulder marker.



Check the seat is fitted and adjusted properly as your child grows.

Make sure you always buckle up too – children like to copy their parents.



## Hot cars

Never leave your child alone in the car, not even for a minute. Keep your child safe, always keep them with you.

The inside of your car can get to 20–30°C hotter than outside.

Putting the windows down a little bit has little to no effect on the inside car temperature.



## Car park safety

Car parks are not a safe place to play.

All cars have a large blind space behind them – some up to 15 metres.

Hold your child's hand in the car park at all times. Children are small and hard for drivers to see making a car park very dangerous.



## Safety Checklist



- ✓ Do you get your child out of the car on the footpath side?
- ✓ Are you careful when walking past driveways to make sure there are no moving cars?
- ✓ Do you hold your child's hand when near any traffic?
- ✓ Have you checked your child's car seat is fitted properly?
- ✓ Is your child kept in their car seat until they become too big for it?
- ✓ Do you always take your child with you when you leave the car?
- ✓ Do you put the wrist strap around your wrist when using your child's pram?
- ✓ Does your child wear bright clothes when playing outside and walking to school?
- ✓ Does your child know to **Stop, Look, Listen** and **Think** before crossing the road?