

ALLEGATIONS

The number 1 rule is to reduce your vulnerability:

- document everything
- have clear household rules about:
 - touching including tickling and wrestling
 - bathing
 - bedtimes routines e.g. kisses and hugs not in the bedroom
 - toileting
 - managing bath times and bedtimes
 - open and closed doors
 - no sleeping in the same bed
 - nakedness in front of others

It's important to:

- know your rights during an investigation
- know where to get support.
- ensure you are informed of outcome.