

Confidentiality

- We only collect and disclose personal or health information with your consent, except in specified circumstances — including emergencies — to lessen serious harm to yourself or others, or as required by law.
- You can access your personal information by contacting Life Without Barriers.

We would love to hear from you

Life Without Barriers sees feedback as a vital way to improve the services we provide.

You can telephone, write, email or personally discuss feedback with your Life Without Barriers key contact, team leader or peer worker.

Staff can also provide details about peer workers.

We will provide a copy of the Life Without Barriers feedback process, including contact information for the SA Health and Community Complaints Commission if you prefer to give feedback to an independent body.

Your Life Without Barriers key workers are:



Contact us

You can also contact the office on:

(08) 8307 2800

www.lwb.org.au

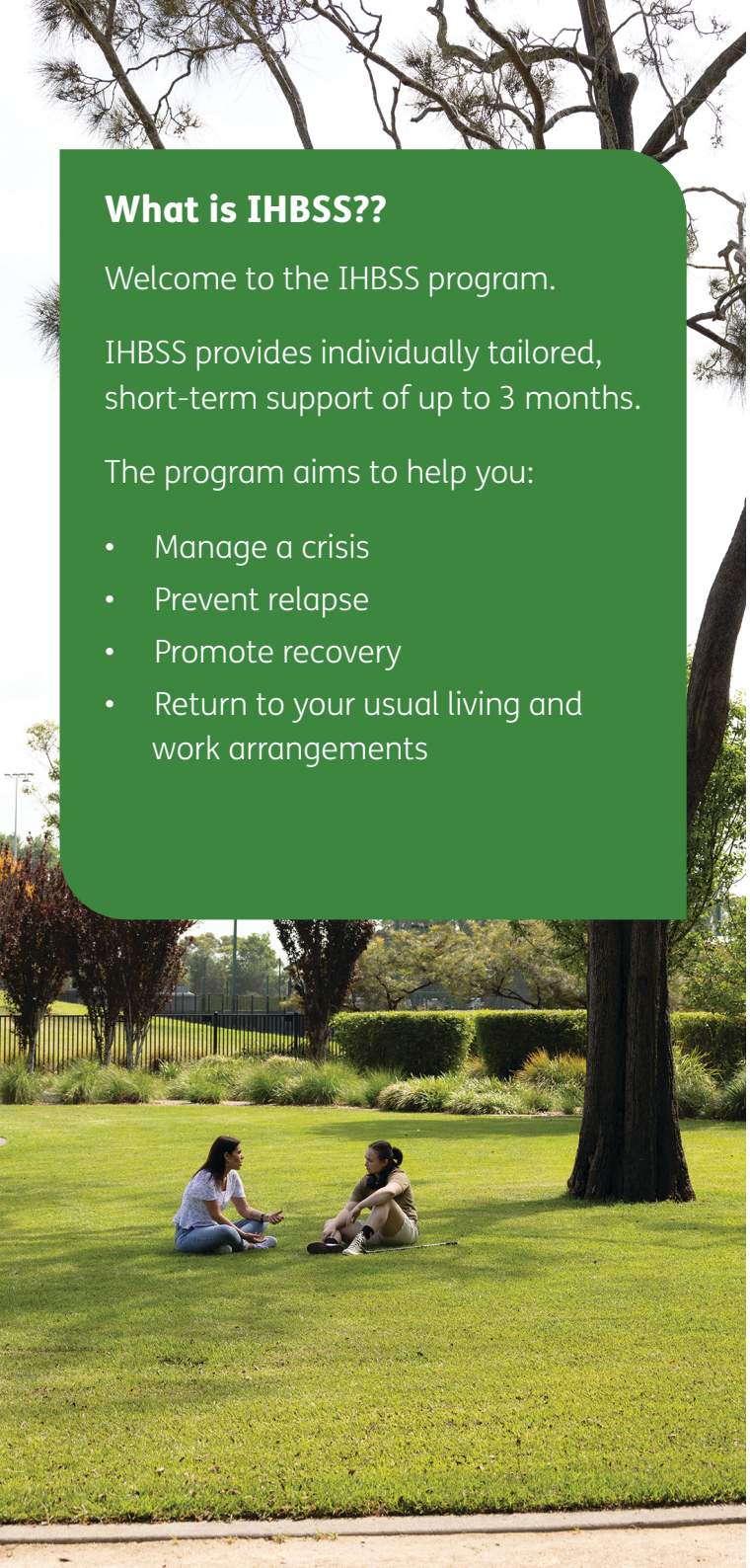


Intensive Home Based Support Services (IHBSS)

We're in this together



**LIFE
WITHOUT
BARRIERS**



What is IHBSS??

Welcome to the IHBSS program.

IHBSS provides individually tailored, short-term support of up to 3 months.

The program aims to help you:

- Manage a crisis
- Prevent relapse
- Promote recovery
- Return to your usual living and work arrangements

The Life Without Barriers approach

Life Without Barriers sees people as individuals who have unique needs.

Therefore, we tailor our services to meet your needs by adopting a client-driven approach.

Our services are designed and delivered in ways that are inclusive, appropriate and respectful to everybody.

Recovery is fundamental to how we support you in the community.

We promote:

- Individual wellbeing
- Involvement in decision making
- Ability to live a quality life
- Meaningful relationships, employment, housing and community connection
- Engagement of carers and family support networks

Programs and Community

Your IHBSS service

Your support workers will:

- Work together with your mental health care coordinator
- Meet with you regularly at your home
- Talk with you about your goals
- Help you identify your strengths
- Develop a plan with you to achieve your goals and aspirations
- Connect you with longer-term supports

Your responsibilities:

- Actively participate and engage with your support workers
- Tell us about your needs, wants and wishes
- Work together in a safe environment

We're all about you.