

Summary:

High Intensity Daily Personal Activities (HIDPA) is a term used by the National Disability Insurance Agency (NDIA) to describe specific health-related supports that some people need to manage their daily lives. So that these supports can be delivered safely to people, whether it is in their homes or other community-based settings, the NDIA has identified additional planning, safeguards and training requirements for staff. The NDIA provides designated funding within a person's National Disability Insurance Scheme plan (NDIS plan) to support the safe delivery of these services.

This High-Intensity Daily Personal Activities (HIDPA) – Policy Guideline defines Life Without Barriers (LWB) responsibilities when providing HIDPA supports to individuals.

The policy will be reflected in our practice delivering HIDPA support to children and young people within LWB Children Youth and Families foster care, residential care and aftercare services, and adults in Disability and Mental Health Services in every state and territory.

Who should read this document?

All staff working with individuals receiving HIDPA supports, the individuals we support, any authorised decision-makers and/or support network members.

Policy Statement:

LWB will ensure effective organisation-wide practice and systems for managing all aspects of HIDPA supports and additional activities for anyone who requires these supports.

HIDPA Supports

- Complex bowel care
- Enteral feeding and management
- Severe dysphagia management
- Tracheostomy management
- Urinary catheter management
- Ventilation management
- Subcutaneous injection
- Complex wound management

Additional Supports Activities

- High risk of seizure (administration of epilepsy medication such as Midazolam)
- Pressure care and wound management
- Mealtime preparation and delivery
- Stoma care

Principles:

- LWB respects a person's right to independence, choice and control in decision-making.
- LWB promotes a culture of shared responsibility for effectively delivering all health-related supports, including HIDPA supports.
- The need for HIDPA supports will be assessed and identified by an Appropriately Qualified Health Practitioner (AQHP). LWB staff can support individuals and their families and authorised decision-makers to seek this assessment when required.
- Each person is actively involved in the assessment process and developing the plan for their HIDPA supports.
- People requiring HIDPA supports will be assisted to ensure appropriate funding is included in their NDIS plan. This may sometimes require submitting a request for review through the person's Support Coordinator.
- All HIDPA supports are delivered in a way that allows the individual's participation and shows them the utmost dignity and respect.
- All HIDPA management plans identify how risks, incidents and emergencies will be managed, including required actions and escalation to ensure the wellbeing and safety of each person.
- LWB supports people in exercising their right to make choices. If individuals decline to carry out any part of LWB's HIDPA approach, they will be supported to access the [NDIS LWB 936 Statement of Informed Choice](#).
- All staff working with a person requiring HIDPA supports will receive training to develop the necessary skills and knowledge to safely support the person, based on the person's needs and the type of HIDPA supports required.
- LWB will ensure appropriate procedures are in place, including training and assessment of staff, relating to the support provided to each person who requires any HIDPA support addressed in this policy.
- With their consent, a person's health status and HIDPA management plans will go through regular and timely review by an AQHP, including when needs change or difficulty is observed.
- LWB staff must regularly evaluate and review risks, incidents, and other relevant information concerning the delivery of HIDPA supports, identifying areas for improvement and any new areas to be addressed.
- Where an incident or adverse event occurs, this will be escalated to the Centre for Practice Excellence (CPE). The CPE will partner with Client Services to investigate the incident and identify improvement/risk management areas

Related Documents:

[NDIS Practice Standards and Quality Indicators](#)

NDIS LWB 5700 High Intensity Daily Personal Activities
(HIDPA) - Policy Guideline.docx
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NDIS LWB 5700 High Intensity Daily Personal Activities (HIDPA) – Policy Guideline

[NDIS Practice Standards: Skills Descriptors](#)

[NDIS LWB 5600 High Intensity Daily Personal Activities – Procedure](#)