

# **LIFE WITHOUT BARRIERS**

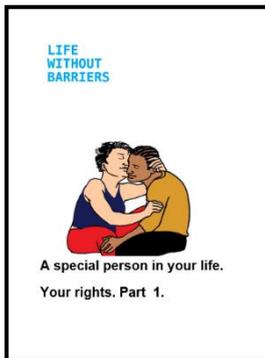


**A special person in your life.**

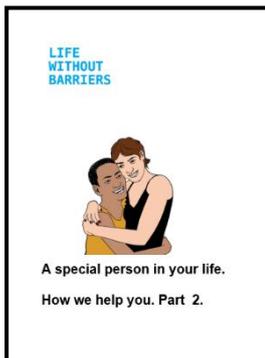
**Your rights. Part 1.**



There are 2 books about this.



This is part 1.



Part 2

A special person in your life. How we help you.



This is about a special person in your life.



You may want to learn about your body. Like

- your body parts
- your feelings
- how it feels to have a special person.



You may want

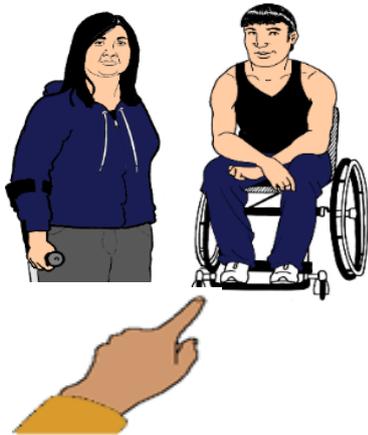
- a special friend
- a partner. It may be a
  - girl friend
  - boy friend.



You may want to have sex. That is OK.



You may **not** want to have sex. That is OK.



You choose who you have sex with.



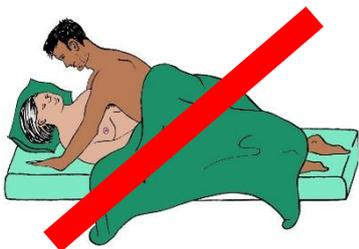
You may want

- to kiss
- to hold hands
- to hug your friend.



You may want to touch a special person in special ways. Like on their breast.

**But**

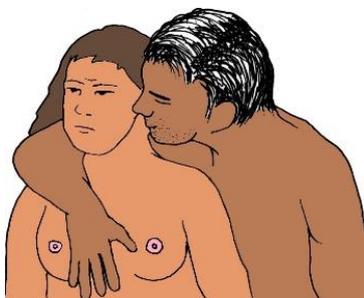


You can say **no** to sex.



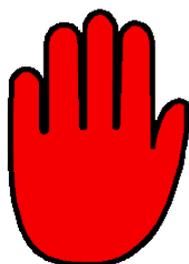
You start to do things. Like touch each other.

You feel OK.



They want to touch your private parts.

You do **not** want this.



You can say **stop**.



**You choose who you have  
sex with**



You are a man.

You have the right to have sex with a woman.



You are a man.

You have the right to have sex with a man.



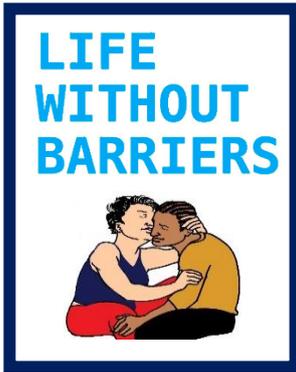
You are a woman.

You have the right to have sex with a man.



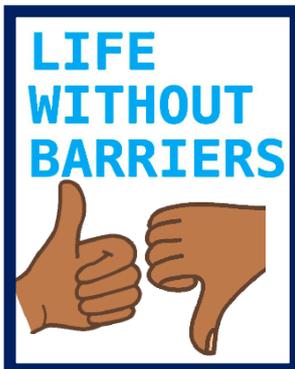
You are a woman.

You have the right to have sex with a woman.



Life Without Barriers can help you. Like

- meet different people
- have a private place.



This information will

- help you
- help staff.



## Your Rights



You have the right to

- think about sex
- learn about sex
- have sex.



Some people do **not** think about sex. That is OK.



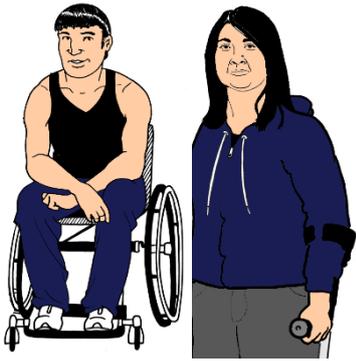
You have the right to feel safe.

You have the right to respect.

Like a private place to have sex.



Your staff must **not** talk to other people about it.



You can choose

- your friends
- special friends



**And**



You can choose

- what you do each day
- what you do with your friends.



You have the right to

- love a special person
- and**
- for them to love you.



**You can do different things**



You have the right to know how to have sex.

Like

- sex with your mouth
- with sex toys



You have the right to know

- about sex germs
- how to stop sex germs
- how to get help when you get a sex germ.



You have the right to a family



You have the right to have a baby.

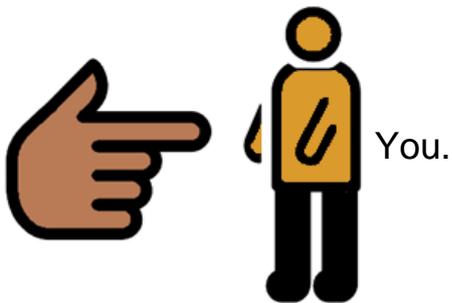
And



You have the right to **not** have a baby.



**Who needs to know this?**



People who know you. Like

- your family
- your carers.



Other people who need to know this are

- staff.



- people who help you say what you think.

Like your advocate.

Like your close friends

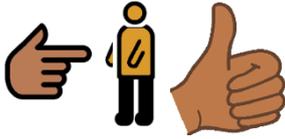


It may be a person you talk to. It may be a

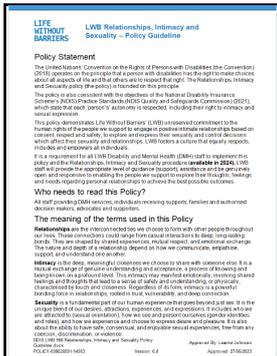
- therapist.
- social worker
- doctor.

## Images

We can use the images from



- Change People
- TheNounProject
- Tobii-Dynavox.



This fact sheet is based on the

Life Without Barriers Relationships, Intimacy and Sexuality Policy Guideline, which was approved

by Leanne Johnson on 27 June 2023.



Access Easy English wrote the Easy English.

April 2023.