

LIFE WITHOUT BARRIERS

LIVE LIFE, LIVE WELL BE CONNECTED

Would you like to know what services are available for older people in your local area?

Would you like to make contact with people who have similar interests or experience?

Life Without Barriers can connect you with services, groups or individuals in your area able to provide:

- financial and legal advice
- general community services
- social activities
- household assistance
- general health and wellbeing
- retirement accommodation options
- education (such as computer training)
- transport.

At Life Without Barriers, we can help you get in touch with the help and support you need.

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LIFE WITHOUT BARRIERS
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We're here to work with you, so you can live your life, live well and keep connected to your local services and people.

CONTACT US

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