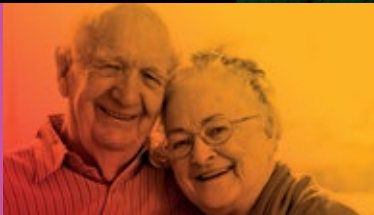




LIVE YOUR LIFE YOUR WAY

New South Wales Aged Care Services



**WE
LIFE WITHOUT BARRIERS
VE**

Supporting Older Australians



LIVE YOUR LIFE, YOUR WAY

Life Without Barriers is a national not-for-profit organisation providing care and support services across Australia. We started small, but we've grown to over 100 offices in Australia. We think local, but draw on our wealth of experience to make sure local communities – from city suburbs to remote townships – all receive the support and services that are right for them.

Helping clients to retain their independence is key to our client directed care approach. We are proud to champion opportunity for all.

At Life Without Barriers we know that getting older doesn't mean you should stop doing the things you enjoy or living the life of your choosing. We are here to help.

Our aged care services are developed with our clients to meet their needs.

We have developed a flexible range of services to assist you in living a fulfilling, independent life. People who choose our services are diverse and come from a variety of social and lifestyle backgrounds.

Our services include tailored home support programs around the home that help people get to appointments or enjoy social activities. We also provide home and garden maintenance and day centre programs where people enjoy not only the company of other people in their community but develop, with our team, activities everyone can enjoy.

Life Without Barriers is a registered provider through the Australian Government My Aged Care service. This means you can find out more information about services near you any time, by visiting myagedcare.gov.au and searching for Life Without Barriers.

“ We have developed a flexible range of services to assist you in living a fulfilling, independent life. ”

OUR AGED CARE SERVICES IN NEW SOUTH WALES

Getting older doesn't mean life slows down just because we ourselves start moving a little slower. How often have you started a conversation this way or heard a friend or family member express concern or anxiety about wanting to get things done but no longer have the strength or capacity to do it themselves?

Life Without Barriers is able to plan with you ways to assist you to do all the things you still want to do or need to do. We remove the obstacles and burdens of every-day living by providing you with support and care in your home.

As a tailored service, how we might help you will be unique to you and where you live, but services we provide for other older people in the community include:

HOME CARE PACKAGES PROGRAM

Our Home Care Packages Program, funded by the Australian Government, offers eligible Australians an opportunity to live at home with the assistance of services to maintain independent living.

VETERANS' HOME CARE PROGRAM

Our Veterans' Home Care program, funded by the Australian Government's Department of Veteran Affairs (DVA), is available for eligible veterans or widows or widowers.

THE RIGHT LEVEL OF SUPPORT

Our support can range from light daily tasks through to intensive therapies and clinical care services for those who have special requirements. We offer personal assistance ranging from attention to day-to-day activities such as getting out of bed, showering and dressing to meal preparation.

We can assist with home and garden maintenance, home modifications, transport to appointments and social activities. Our staff are also at hand for emotional support and emergency assistance.

Domestic Assistance is available in Far North Coast NSW, New England and Southern NSW and provides general cleaning, changing bed linen, laundry and meal preparation.

Social Support is available in Far North Coast NSW and New England and provides friendly visits, shopping support, outings and regular phone chats.

Home and Garden Maintenance is available in Far North Coast NSW, New England and Southern NSW and supports you with tasks such as lawn mowing & whipper snipping, pruning and hedging, changing light bulbs and replacing tap washers.

Transport services are available in Far North Coast NSW and New England, and provides you with transport your appointments.

Respite Care is available in Far North Coast NSW and Southern NSW and gives your carer a break. It's delivered within your own home or in the community.

OUR LOCATIONS IN NEW SOUTH WALES

FAR NORTH COAST NSW

Home Care Packages Program

Address: Life Without Barriers
Alstonville, 11 Budgen Avenue,
Alstonville

T. 02 6625 8600

NEW ENGLAND

Home Care Packages Program

Address: Life Without Barriers
Tamworth, 10 O'Connell Street
Avenue, Tamworth

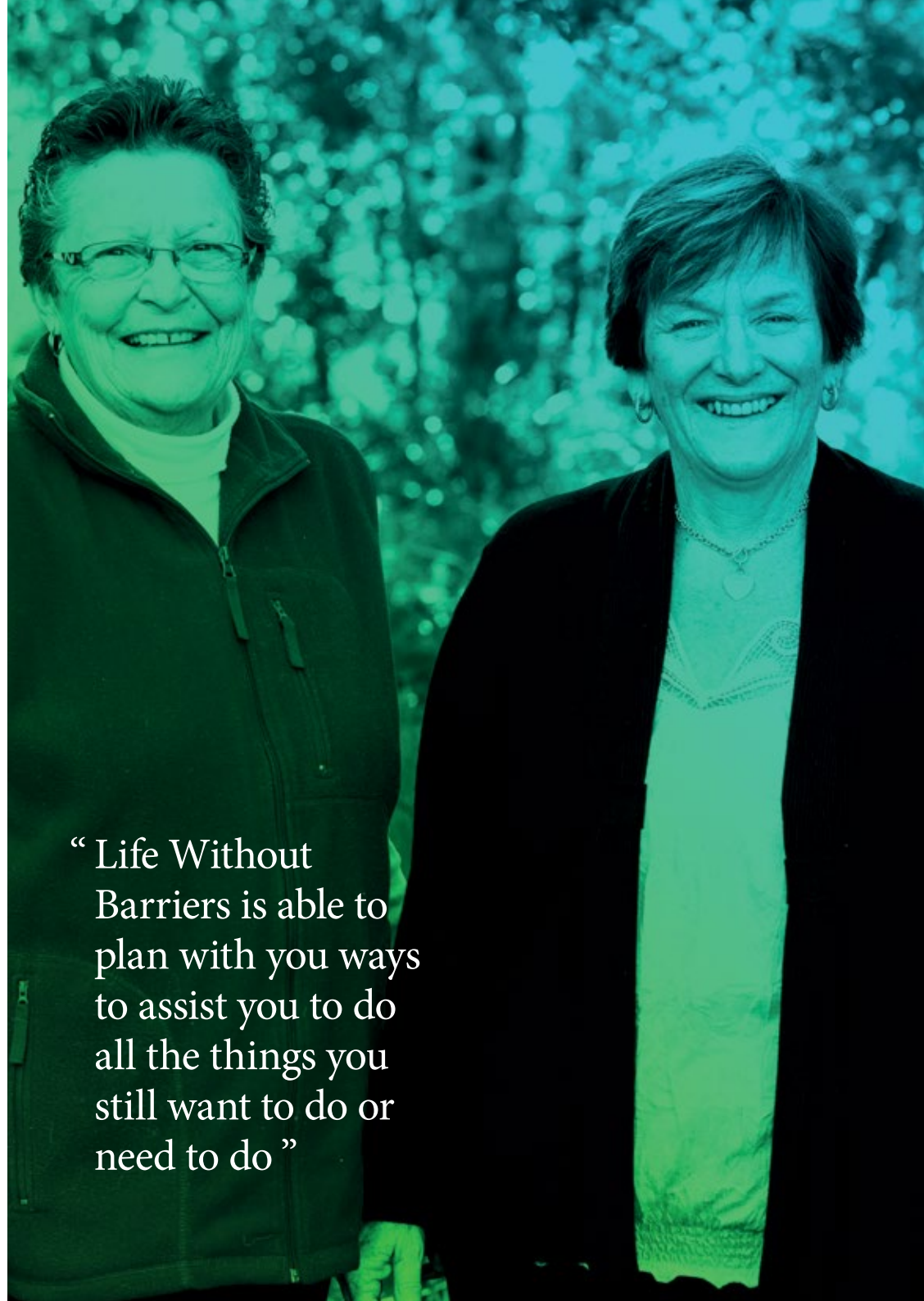
T. 02 3440 6300

SOUTHERN NSW

Veteran's Home Care

Address: Life Without Barriers
Catalina, 75 Country Club Drive,
Catalina, NSW 2536

T. 02 4472 9980



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www.lwb.org.au



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